

# April 2011 Urbana Senior Center Meal Menu

301-600-7020

UrbanaSeniorCenter@FrederickCountyMD.gov

[www.FrederickCountyMD.gov/doa](http://www.FrederickCountyMD.gov/doa)

<i><b>Monday</b></i>	<i><b>Tuesday</b></i>	<i><b>Wednesday</b></i>	<i><b>Thursday</b></i>	<i><b>Friday</b></i>
<p>The meal is served at Noon. Reservations must be made at least 48 hours in advance. \$4.80 per person per meal. Milk, juice, coffee, and tea, and bread are available each day. Menus are subject to change.</p>				
<b>4</b> Marinated Cucumber Salad BBQ Pork on roll Southern Green Beans Diced Fresh Fruit	<b>5</b> Tossed Salad Spaghetti with Meat Sauce Garlic Bread Yellow Squash Pear Halves	<b>6</b> Broccoli/Cauliflower Salad Roasted Pork Sauerkraut Collards Mashed Potatoes Strawberries	<b>7</b> Caesar Salad Pizza Lima Beans Sliced Pears	<b>8</b>  <b>Center is Closed</b>
<b>11</b> Four Bean Soup Spinach Salad Meatloaf with Gravy Mashed Potatoes Chuck Wagon Vegetables Pears	<b>12</b> Carrot Raisin Salad Salmon Cake Green Beans Baked Sweet Potatoes Applesauce	<b>13</b> Winter Salad Herb Fried Chicken Succotash Parsley Potatoes Apple/Cranberry Crisp	<b>14</b> Tossed Salad Hotdog on bun Baked Beans Diced Fresh Fruit	<b>15</b>  <b>Center is Closed</b>
<b>18</b> Tossed Salad Cuban Pork Roast Lima Beans Scalloped Potatoes Mandarin Oranges	<b>19</b> Mixed Green Salad Turkey Chili Green Beans Tator Tots Diced Fresh Fruit	<b>20</b> <b>Brunch: Omelet Bar</b> Omelets made to order Other Brunch Items	<b>21</b> <b>Center is Closed</b>  <b>Senior Health Fair</b> <b>at the</b> <b>Department of Aging</b>	<b>22</b>  <b>Center is Closed</b>
<b>25</b> Mixed Greens Ham Steak with Pineapple Macaroni and Cheese Stewed Tomatoes Diced Fresh Fruit	<b>26</b> House Salad Stuffed Shells California Vegetable Blend Sliced Peaches	<b>27</b> Tossed Salad Pork BBQ Sandwich Au Gratin Potatoes Italian Blend Vegetables Diced Fresh Fruit	<b>28</b> Split Pea Soup Lettuce Wedge Roast Brisket with Gravy Mashed Potatoes Hot Cinnamon Pears	<b>29</b>  <b>Center is Closed</b>